

Li'l Cheddar Meat Loaves (Lynda Purdie @ Rolyn Hills B&B and Guest Ranch)

1 egg

3/4 cup milk

1 cup (4 ounces) shredded cheddar cheese

1/2 cup quick-cooking oats

1/2 cup chopped onion

1 teaspoon salt

1 pound buffalo burger*

2/3 cup ketchup

1/2 cup packed brown sugar

1-1/2 teaspoons prepared mustard

In a bowl, beat the egg and milk. Stir in cheese, oats, onion and salt. Add burger and mix well. Shape into eight oblong loaves; place in a greased 9" x 13" baking dish. Combine ketchup, brown sugar and mustard; spoon over loaves. Bake, uncovered at 350 degrees for 45 minutes or until the meat is no longer pink and a meat thermometer reads 160 degrees. Yield 8 servings.

Can easily be doubled.

*very lean ground beef may be substituted

